

Learn English with a Series

Turn any episode into a lesson. Catch useful phrases, check what they mean, use them in your own sentences and notice the grammar in real speech.

A2 to C1 · Self-study or homework · One episode + 15 minutes · Any series

The subtitle ladder

1. **English subtitles**
   Watch the whole episode. Pause for phrases you hear twice.
2. **One scene, no subtitles**
   Rewatch two or three minutes you enjoyed.
3. **Shadow one minute**
   Say a line with the same speed and tone.
4. **Come back next week**
   Watch the scene again and notice the difference.

Choosing a series

- [ ] Episodes of 20 to 30 minutes are easier to rewatch.
- [ ] The characters talk about everyday life.
- [ ] You would happily watch it in your own language.
- [ ] The accent is one you want to understand.

What's inside

2. **Episode worksheet**
   one for each episode
3. **Phrases I want to keep**
   meaning + dictionary example
4. **Use it**
   three sentences of your own
5. **Grammar in the series**
   a pattern, then your own sentence

Episode worksheet

Print one for each episode. Fill it in before, during and after you watch.



Series and episode _____ **Date** _____ **Subtitles** ☐ English ☐ None ☐ A mix

BEFORE — DURING — AFTER

Before

What do you think will happen in this episode?

During

Six phrases worth keeping

Write the exact words. Guess the meaning from the situation first, then check.

	The phrase	Who said it, when	What I think it means
1			
2			
3			
4			
5			
6			

After

Retell the episode in five sentences

Use at least two of your phrases.

Best line

The line I liked most

Shadow

One minute to copy

From ____:____ to ____:____

Times I shadowed it ☐ ☐ ☐ ☐ ☐

Phrases I want to keep

Pick the phrases from page 2 you most want to keep. Copy the line exactly as the character said it, then look the phrase up. Seeing it in two places shows you how it really works.



Example

Phrase
make up your mind

Meaning in my own words
decide

The line from the series who said it, episode
“Just make up your mind!” · Season 1, episode 3

Example from a dictionary
You have until Friday to make up your mind.

Phrase 1

Phrase

Meaning in my own words

The line from the series who said it, episode

Example from a dictionary

Phrase 2

Phrase

Meaning in my own words

The line from the series who said it, episode

Example from a dictionary

Phrase 3

Phrase

Meaning in my own words

The line from the series who said it, episode

Example from a dictionary

Phrase 4

Phrase

Meaning in my own words

The line from the series who said it, episode

Example from a dictionary

Use it

A phrase becomes yours when you use it. For each phrase from page 3, write one sentence about you, one question and one message you could really send.



Example

make up your mind

About me	*I can never make up my mind in a restaurant.*
As a question	*Have you made up your mind about the trip?*
In a message	*Pizza or sushi tonight? Make up your mind, I'm hungry!*

Phrase 1

Phrase from page 3

About me

As a question

In a message

- [ ] I said it out loud
- [ ] I used it in a real conversation

Phrase 2

Phrase from page 3

About me

As a question

In a message

- [ ] I said it out loud
- [ ] I used it in a real conversation

Phrase 3

Phrase from page 3

About me

As a question

In a message

- [ ] I said it out loud
- [ ] I used it in a real conversation

Phrase 4

Phrase from page 3

About me

As a question

In a message

- [ ] I said it out loud
- [ ] I used it in a real conversation

Grammar in the series

Listen for a sentence you don't understand, or one with grammar you have learned with your teacher. Find out what the grammar is, then make your own sentence in the same pattern.



Example

The line from the series who said it, episode

"You've never been to London, have you?" · Season 2, episode 1

What grammar is it?

Question tag

Why do they use it here?

To check something they think is true

My own sentence, same pattern

You've seen this show, haven't you?

Sentence 1

The line from the series who said it, episode

What grammar is it?

Why do they use it here?

My own sentence, same pattern

Sentence 2

The line from the series who said it, episode

What grammar is it?

Why do they use it here?

My own sentence, same pattern

Sentence 3

The line from the series who said it, episode

What grammar is it?

Why do they use it here?

My own sentence, same pattern

Sentence 4

The line from the series who said it, episode

What grammar is it?

Why do they use it here?

My own sentence, same pattern

Free for classroom use. Share the link, not the file: **esllaboratory.com**