Exercise 1
Which verb goes with each word? Write the words in the table.

dressed, the dishes, lunch, up, to bed, a shower, home, breakfast, to work

get	have	go	take	do
up	breakfast	to work	a shower	the dishes
dressed	lunch	to bed		
home				

Exercise 2
Which comes first? Write 1 and 2.

1. 2 get up
2. 1 go to bed
3. 1 take a shower
4. 2 start work
5. 1 finish work
6. 2 do the dishes
7. 1 have breakfast

1 wake up
2 fall asleep
2 get dressed
1 go to work
2 get home
1 cook dinner
2 have lunch



Exercise 3
Read about Marta. Complete the text with the correct verbs.

Marta is a nurse. She works at night, so her day is upside down.



Marta **w**_ _ _ _ up at 4 pm. She doesn't get up at once. She reads the news in bed for twenty minutes. **wakes**

At 5 pm she **h**_ _ breakfast. Yes, breakfast at five in the afternoon! Then she **t**_ _ _ _ a shower and **g**_ _ _ dressed. **has, takes, gets**

She **g**_ _ _ to work by bus at 6:30 pm, and she **s**_ _ _ _ _ work at 7 pm. **goes, starts**

At midnight she **h**_ _ lunch with the other nurses. They call it lunch, but it is the middle of the night. **has**

Marta **f**_ _ _ _ _ _ _ work at 7 am. She **g**_ _ _ home at 7:45 am, when her neighbours go to work. **finishes, gets**

She doesn't **c**_ _ _ dinner. She eats a sandwich, **w**_ _ _ _ _ _ TV for an

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hour and **b**_ _ _ _ _ _ her teeth. **cook, watches, brushes**

She **g**_ _ _ to bed at 9 am. Her curtains are very dark, and she **f**_ _ _ _ asleep in ten minutes. **goes, falls**

Exercise 4
Look at the text again. What does Marta do at these times?

1. 4 pm **She wakes up.**
2. 5 pm **She has breakfast.**
3. 7 pm **She starts work.**
4. Midnight **She has lunch.**
5. 7:45 am **She gets home.**
6. 9 am **She goes to bed.**

Exercise 5
Choose the correct words.



1. I **go home** / **go to home** at six o'clock.
2. We **go to the bed** / **go to bed** at eleven.
3. I **do** / **make** the dishes after dinner.
4. She **does** / **takes** a shower every morning.
5. I **awake** / **wake up** at 7, but I **get up** / **stand up** at 7:15.
6. He **dresses up** / **gets dressed** after breakfast.
7. I often **fall asleep** / **fall sleep** on the sofa.
8. They **look** / **watch** TV in the evening.

Exercise 6

A normal Monday and a perfect Sunday. Write a time for each, or write *no*.

What time do you...	Monday	Perfect Sunday
1. wake up		
2. get up		
3. have breakfast		
4. take a shower		
5. get dressed		
6. watch TV		
7. go to bed		
8. fall asleep		

Now tell your partner about the differences: *On Monday I get up at 6:30. On a perfect Sunday I get up at 11!* Your partner asks one question about each difference.

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